

THE OFFICIAL NEWSLETTER OF THE
WASHINGTON STATE FEDERATION OF GARDEN CLUBS
PROMOTING...

WASHINGTON Garden & Design



2021 FALL ISSUE OCT NOV DEC VOLUME 47, NUMBER 2
FORMERLY *SMOKE SIGNALS* MAGAZINE 1933-2016

PRESIDENT'S DESK



Dear Members,

It has been a busy time since my installation via Zoom in June. There is always a learning curve when taking on a new position, especially when we are still having to deal with Covid. I appreciate the help and understanding of everyone.

In June, I had the privilege of participating in three Blue Star and one Gold Star Marker dedications in TWO days! My husband and I drove over 600 miles as we visited parts of Washington that we'd never visited before. I love Washington. We enjoyed meeting so many people. I want to thank all of those who organized and helped in the installations. Blue and Gold Star markers are such important tributes to the men, women and the families who have served our country through the years.

I attended the Pacific Region Garden Clubs Convention at the Oregon Garden Resort in Silverton, OR. In person! It was wonderful to witness the installation of our own Lana Finegold as the PR Director for the next two years. I always enjoy getting together with others at these meetings because of the ideas and energy I receive from so many engaged individuals. Next year's PR Convention will be in Las Vegas.

In April 2023, Washington has the honor of hosting the PR Convention. It is being organized by Team Tavasci, so we know it will be great. Conventions take many hands to make it a success. I know everyone will help out.

We regrettably had to cancel our in-person Fall Board Meeting. Since we held our meeting via Zoom, it was another chance to increase our "little gray cells" by trying new things. We had a few glitches, but I hope we are all learning something new. Our Winter meeting is scheduled for November 8-9 at the Little Creek Casino in Shelton where we had our last in-person meeting. Let's hope it will go off as planned.

The only good thing about Covid is the plethora of online activities we have learned about and can participate in. There are NGC courses that are given online. Sitting at your computer is cheaper than having to travel to other places to take a course. Check out the NGC website <https://www.gardenclub.org/our-schools>. In addition, the section on "Creating and Using Social Media", <https://www.gardenclub.org/creating-and-using-social-media> is a good resource to help our clubs have an increased presence online. Do you know about the free videos you can watch online? Go to YouTube and put in Garden Tours or any other interest. Do you know about Eventbrite? It lists just about every event around, but it is easy to filter your search terms. How about searching events that are free, gardening, floral design, tours, etc. Signing up is easy.

Have a great Fall.

"Flexibility and an open mind allow us to grow our abilities and our gardens. Do not audit life. Step up and make the most of your life now."

—Anne Sullivan
President, WSFGS
absullivan@comcast.net

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On the Cover



Picture by <https://www.gardeningknowhow.com/ornamental/trees/magnolia/southern-magnolia-trees.htm>, by nickkurzenko

Magnolia grandiflora

I chose as my flower, the Southern Magnolia, scientific name: *Magnolia grandiflora*. I have loved magnolias since I moved to the Washington, DC area in 1966. I know the Southern Magnolia isn't native to Washington State, but it does grow in the milder parts of the state. It can get very tall, but there are "dwarf" varieties such as "Little Gem". If you are interested in finding out more about the Southern Magnolia in Washington, I've included a link to the WSU website. <http://www.pnwplants.wsu.edu/PlantDisplay.aspx?PlantID=550>.

WSFGC OFFICERS

2021–2023 WSFGC Officers Are Ready To Serve

Usually at the June convention a group photo of incoming officers for the magazine is taken. Since the convention was cancelled, individual photos are as follows:



President *Anne Sullivan*



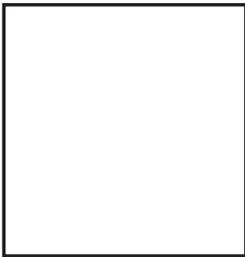
Recording Secretary *Evelyn "Evie" Marwood*



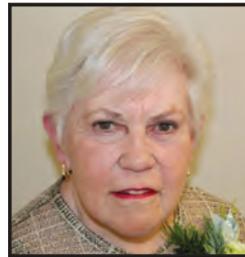
First Vice President *Suzann Stahl*



Dues Secretary *Daphne Ruxton*



Second Vice-President *Vacant*



Treasurer *Gale Baullinger*



Investment Officer *Mary Brasseaux*



Corresponding Secretary *Ellen Daly*



Parliamentarian *Jeanette Pruin*



Immediate Past President *Dorrie Carr*

HILL AND DALE DISTRICT OFFICERS!!

THANKS AGAIN FOR SERVING AS 2021-2023 OFFICERS!

***RACHEL JENNINGS, KATHY JOHNSON,
PATTI ISOM, KATHLEEN MUCKIAN ,KEITH RIPLEY***

YOU ARE ALL STARS!



WSFGC NEWS

Every two years new District Directors are introduced at the WSFGC Fall Board Meeting and in the Fall issue of *Washington Garden & Design*.



Black Hills Director
Becky Flaherty's theme is "Spread Your Wings." Expand your horizons of communication and participation. The pandemic might have slowed us down. However, we can spread our wings again and soar to

greater heights. It is time to re-group, re-think and re-boot. Our clubs have solid roots to build on and grow. Hardy roots give plants and people stability. Wings give us the ability to advance and flourish in our strengths. Get ready to take flight: try new things, go places you haven't gone, try something different. Take risks, be okay with making mistakes. Look for the opportunity to grow in every situation. Be a good observer, as well as a good participant. Gain experience by volunteering.

Ask questions of those who are experts in their fields! Spread your wings, spread the word!



Blue Mountain Director
is *Alice Ver Steeg* (recycled); her theme is "Encourage Wise Water Use."



Chinook Director
Linda Haas: theme "Mutuality: Birds, Bees, Butterflies and Gardeners." We had hoped to be meeting in person at our new venue in Auburn, but unfortunately, the venue is closed

to outside meetings for the rest of 2021. Thus, we will be Zooming it. We hope to resume in person meetings in 2022. Chinook's seven clubs have been meeting by Zoom and in-person and have many activities and tours planned for the year. It looks to be a productive year. I am challenging our members to have their gardens/yards certified as wildlife habitats.



Cross Sound Director
Loretta Lukkasson is continuing the theme "The Peace and Joy of Gardening." We all love beautiful gardens and working to accomplish making them. There is nothing more peaceful than walking through a beautiful garden and

knowing the joy of sharing this feeling with friends. Cross Sound District is where we come together to learn about new ideas on Horticulture, Conservation, and Design. The fellowship with other gardeners is very rewarding and we gain new and lasting friendships. We will have an auction and three flower shows each of the next two years hosted by one of the garden clubs.



Central District Director
Diane Franchini is being "recycled." Her message: I may be recycled, but I do have a new theme. Somewhere between COVID-19, Zoom Workshop Wednesdays, and having three of our six clubs fold, I struggled

to find something meaningful for our remaining three clubs. As I listened to a speaker talking about planting bulbs, she said, "If you don't take care of the

DISTRICT DIRECTORS

roots, the plant will always struggle to thrive.” Something clicked. I realized that the only way we can stand a chance of thriving as an organization is to embrace and nourish our roots (our past). My hope is that our small but mighty three clubs will grow stronger by looking back to what was done successfully and to honor and listen to our veteran members as we move into the future. My theme is “Nurturing Our Roots for Healthy Growth.”



East Lake Washington

Director Linda White says our motto is “Renew, Branch Out and Bloom.” After the long shutdown, it is time for us to feel renewed and get back to the things we love. Although, thankfully, many clubs have kept in touch

during the pandemic, with meetings on Zoom, it is time to branch out. Meeting in person, socializing with friends in person, completing our club projects, and planning and participating in future activities will be so exciting and welcome. As State President, Anne Sullivan, has stated, “Step up and make the most of your life now.” ELWD is going to “bloom.”



Greater Seattle Mitch Grospe. As the year changes into fall and Covid variants linger, we need to adjust ourselves and be ready for the next wave of garden club adventures. Many of us have been working in our own gardens

hoping to grow that perfect specimen for that blue ribbon in horticulture and

flower designs. Unfortunately, many clubs haven’t met in person and, as Director, it saddens me to not see that wonderful group of club members to share our garden stories. Our district has decided not to meet in groups indoors for our next two meetings, but we are having a walking tree-tour of the UW, led by botanist Kathy Carr. I have some great ideas to come so— as long as we can meet safely—let



the adventure begin. My Theme is “Look Around, Be Inspired.”

Hill & Dale Director is

Rachel Jennings. Her theme is “Gardening: Sharing Our Knowledge.”



Olympic Peninsula

District welcomes new Director *Linda Wells.*

She served in the position once before. She also has been president of Bogachiel Garden Club several times.

We have four clubs in our district: Bogachiel, Nordland, Tri-Area and

Port Angeles. We share some activities with non-WSFGC clubs in our region, such as the county fairs. Our district theme is “The more we get together, the happier we will be.” This may be via Zoom or in person; we shall see. The fall general meeting will be Oct. 19 in Sequim. Each club will be having a fall plant sale or a holiday weath sale. In January, Bogachiel will be hosting a Tea with the district invited.

DISTRICT NEWS

Hill and Dale District

Photos by: Linda Oberloh



200 people at the "Together Again" enjoy their time together.

Hill and Dale District hosted "Together Again," a statewide social event for garden club members.

This brainchild idea of Linda Maida was made possible through a \$1,000 grant from WSFGC Endowment Fund along with Hill and Dale District members who made it happen. The district members experienced an almost giddy joy in anticipation of seeing all of their friends from throughout the state. They were not disappointed! Over 200 people came with bells on their ankles and smiles on their faces!



Lary Spiller and Keith Ripley have fun.

In attendance were members from everywhere in the state and several past state presidents: the current Pacific Region Director Lana Finegold, (also a former WSFGC president), Terry Critchlow, Dorrie Carr, Jeanette Pruin and current President Anne Sullivan. There were sales tables organized by Debbie Spiller. They included items from the late Ginger Knutsen's sculpture collection. The fee to get in was a flower from your garden. The flower show displayed a variety of flowers in bloom in July. The table arrange-



The entry fee was a flower for the show.



Jon Throne, AIFD, was introduced by Linda Maida at the Elks Club in Puyallup.

ments were all fresh and taken home by attendees.

Lunch was served in record time by a team of members and their family. A trio of salads was served on a lettuce leaf fresh from the Puyallup Valley with fruit skewers provided by Interlaaken Garden Club members and cake provided by Keith Ripley. The creative salad team included Patti Isom, Linda Maida and Judy

Swartz.

The afternoon program featured the floral designs and ideas of Jon Throne, owner of Countryside Floral and Garden in Issaquah and Farm, Fare and Floral near Kent. Jon used many flowers seen in our gardens and brought designs with ways to show the flowers off to their fullest advantage. The entertainer

extraordinaire Jon, in between banter with the audience, gave practical hints for all to use. This was a great way to begin the year of garden clubbing. We renewed friendships and challenged each other with creative ideas.

—Judy Swartz,
Chief cook and bottle washer!



Patricia Grimes and Judy Strickland look over the sales tables.

WSFGC NEWS

WSFGC 2022 Symposium

Mark your calendars for the WSFGC Symposium to be held next May 31 and June 1, 2022 to avoid conflict with the NGC Convention. The symposium will be held at the Dryer Masonic Center in Tacoma. The price will be \$75 for both days, including lunch. A flyer will be sent with details, registration and area hotels in January.

Our Design Instructor will be Shirley Tetreault from Albuquerque, NM teaching about Multi-rhythmic and Angular Design. The Horticulture Instructor will be Jan Griffin from Florida, formerly Washington, teaching about conifer and flowering trees. Details to come later regarding hotel accommodations.

—Gail Gibbard,
WSFGC Symposium Chairman

TEACHERS CONSERVATION SCHOLARSHIP

At the WSFGC Fall Board Meeting on Zoom, August 31, the motion was passed to discontinue the Teachers Conservation Scholarship. This decision was made based on the fact that no applications had been made for this Scholarship for over seven years. The accumulated funds of \$7,500

will be transferred to the Scholarship fund.

Please remove the Teachers Conservation Scholarship from your budgets. Any monies coming in will be put into the WSFGC Scholarship Fund.

—Gale Baullinger,
WSFGC Treasurer



"Sights and Sounds of the Season"

Washington State Federation
of Garden Clubs presents a

Free Flower Show

Little Creek Casino Resort 91 West State Route 108
Shelton, WA 98584 in the Grand Ballroom A & B

Bring your entries Monday November 8 between 10 a.m. and 2:00 p.m.

Show is open 6:00 – 8:30 p.m.

Tuesday November 9, 2021, Show is Open 9:00 a.m. – noon

Member of National Garden Clubs, Inc. &
Pacific Region Garden Clubs, Inc.

For the safety of yourself and others, please wear a mask.

AWARDS

WSFGC and NGC Highest Awards

Awards

We all know that member who gives her all. That member is the glue who holds the club together, the one who inspires and excites. That member gets us rolling on community service and projects and is the one we look forward to seeing at each meeting. Honor her by nominating her for our state's highest award and possibly winning the region's top award and recognition from NGC as one of eight Award of Honor recipients.

WSFGC Past President Lois Donahue's Award of Achievement is the top award given to an individual garden club member. It is awarded to a member who has made a noteworthy contribution toward promotion of the NGC objectives for five years or more. These objectives include horticulture, therapy gardens, community beautification, flower shows, wildlife, native plants, junior and senior school gardening or any other worthy contribution within the state of Washington. Nominees for this award are made by the member's district in a letter no more than five pages of recommendations. Additional service to the region should be secondary to the accomplishments for the club, district and state. The winner's application will be submitted to the Pacific Region Garden Clubs for further competition within the eight states of the region. The winning member will be submitted to receive the NGC Award of Honor. **Deadline is December 1 to state**

Past President's Award Chairman Billie Fitch.

NGC Award of Honor is given to one member in each Region whose volunteer efforts during a period of five or more years has made outstanding contributions to their club and community in one or more of the following areas: community beautification and development, horticulture therapy, youth activities, conservation, landscape design, horticulture, and floral design. This award is offered to any nominated member of a state garden club with all around excellence who has NEVER been a member of the NGC Board of Directors.

Application Tips: five one-sided pages maximum must include: Title page, name of state federation and region, area(s) of nominee's outstanding contribution/s, name, complete mailing address, phone number of nominee, sponsoring club name, president's name, address, and signature. A short description is given of nominee's accomplishments, supporting information, and an outline listing accomplishments of nominee (including offices and chairmanships held). Applications should be sent electronically.

—Terry Critchlow,
WSFGC Awards Chairman

PACIFIC REGION NEWS

—Photos by Anne Sullivan

Lana Finegold Is Installed as Pacific Region Director at Pacific Region Convention

The Pacific Region Convention was held in Silverton, Oregon at the Oregon Garden Resort on August 9 to 12. With 112 registered and a voting strength of 54, members and spouses enjoyed several fun-filled days. The theme was *Connecting in a Kaleidoscope of Colors*.

The design program *Elements of Design* was hosted by Debbie Spiller;



This Traditional Mass floral arrangement was created by Tory Bennett for the Installation Ceremony.

George Speer leading us through creating a design in a coffee mug filled with soaked oasis. Each attendee was given stems of *Ruskus* and *Leucadendron* and told how to place the stems in the oasis. We kept our creations and the designs lasted for several weeks.

Many workshops were presented. Gaye Stewart, NGC Membership chairman from Pacific Region, led a compelling membership workshop.

presenting designs were Portland Judges Council members and Washington designers Brynn Tavasci and Debbie Spiller. Another design program was a do-it-yourself with



Brynn Tavasci with her creative geometric angular table design.

flakes— repurposing plastic six-pack rings into snowflakes for your garden. Programs included “Sex Life of a Slug” by Laura Eyer and “What is Garden Club Jeopardy” by Sherry Cossey and Carol Vallens.

Past Region Director Kristi Livreri was the installing officer.

Lana Finegold was installed as 2021-23 PRGC Director along with Alternate Director Terry Critchlow, Historian Brynn

We also learned leaf manipulation using flax, ferns and other plant material. Other workshop subjects included paper flowers for any season and six-pack snow-



Debbie Spiller with her creative floor design.

Photo by Linda Maida



Tavasci and Treasurer Susan Nash from WSFGC. Other officers installed were from California and Nevada. The PRGC Theme and project for 2021-2023 will be *One Green World*. For more information, contact Lana at lanafinegold@msn.com or 425-747-5742.



Diane Francini, the Pacific Region Director's Project Chairman with the Display Depicting the Blue and Gold Star Markers Placed by Pacific Region Clubs



Lana Finegold's Installation as Pacific Region Director with former PR Director Kristi Leveri



Lana Finegold after Installation

Pacific Region Garden Clubs Project: *One Green World*

One is for unity. *Green* is for climate and/or environmental projects. *World* is for everyone—please participate. Each one, reach one. Teach one...TRY. You can select a club project or district project and work together to achieve your goal. How do we create *One Green World*? We

can work with youth, raise money for scholarships; plant trees, flowers or shrubs; conserve water...the sky's the limit. Working together, we can achieve remarkable things. I look forward to hearing what YOU DO.

—Lana Finegold, PR Director

Summer Flower Show Is a Success

The Black Hills Flower Designer's GC held our first flower show in 22 months. Is that really possible? Yes. Our last Black Hills District Flower Show was held on October 11, 2019, twenty-two months ago. No wonder I was a bit fuzzy planning our show that was held on July 28.

"A Walk in the Park" was conceived by JoAnne Sandell and myself. We served as co-chairmen for the show. We wanted a way to hold a summer flower show, after the Thurston County Fair was canceled. Our goals were to provide a flower show for the Black Hills District members to enter and for WSFGC Judges that NEED ongoing Judging and Exhibiting credits. I am happy to report that we achieved both!

Our show was held in an outdoor open-air shelter at Woodlawn Creek Community Park in Lacey, WA. We reserved this site as it had a forty-foot openair covered building that we could reserve, plenty of parking and nice bathrooms. We felt that hopefully holding the show outdoors would reduce the spread of any potential pathogens. To my knowledge, no one who attended the show had ever been to an outdoor flower show before.

For me, our show title reflected all the times during the long quarantine winter that we literally "walked in the park" for exercise and to escape the long days being spent indoors.

JoAnne composed the majority of the schedule from prior summer shows and we relied heavily on park activities and park names for titles.

As one of our goals was to provide opportunities for judges needing credits, we used nine judges from five districts: Cross Sound, Olympic Peninsula, Chinook, Hill & Dale and our own Black Hills District. So willing were the ladies from the Olympic Peninsula to judge, that they drove 262 miles round trip to do so.

I have been taught over the years that a successful Flower Show should have at least twice as many Horticulture entries as Design entries and in that we were spot on. Members from every club in our District participated!

Entry count:

Div. I Horticulture	79
Div. II Design	36
Div. III Education	2
Div. IV Botanical Arts	
Horticulture	3
Artistic Crafts	12
Total entries	132

When we conceived the show, neither of us was of a mind to have the show evaluated nor complete Books of Evidence, so we didn't. Our schedule was printed on plain white paper and emailed to all members in our district. Convenient and inexpensive.

Our Judges attended a potluck luncheon on a picnic table near the flower show, covered by a shade canopy. Good thing we had the canopy as it was a humid 88 degrees that day. Food was supplied by members of the club.

We now know that the park can get windy, as we had one gust blow



—Photos by Debbie Spiller

down three Staging Panels and one design. If we have an outdoor show again, we will insist that all Horticulture be entered in containers weighted with glass marbles, that containers have wide bases and be less susceptible to being blown over...oh yes, don't let the cut Horticulture sit in the

sunshine. Amazing how fast plant material fails.

I encourage you and your club members to get back into FLOWER SHOW MODE. It feels great to be planning events for the future once again and doing an activity that I just love to do.



Held in an outdoor open air shelter at Woodlawn Creek Community Park in Lacey WA, Black Hills garden club members and judges from five districts enjoyed "A Walk in the Park" Standard Flower Show in July.



Debbie Spiller, Black Hills Flower Designers GC "Elephant Walk" Exhibition Table Setting, requiring a decorative unit staged on table, 24 inches wide by 30 inches deep
WSFGC Ellen Swenson Award
WSFGC Phyllis Danielson Table Setting Award



Debbie Spiller, Black Hills Flower Designers GC "Sunlight in the Garden" small all fresh design, less than 12 inches in all directions
WSFGC Judith Juno Petite Award
WSFGC Carolyn Erickson All Fresh Award



HORTICULTURE

A HOT SUMMER'S RECOMMENDATIONS

If you were lucky this summer, you did not have weeks of sunny days with temperatures above and hovering around 100 degrees. Many of us were not so lucky and as a gardener one had to get outside early to avoid the extreme afternoon temperatures. Our gardens were not able to come inside and cool, but instead we watched as plant after plant suffered the stress of the heat, often in combination with very low humidity. There were, however, some plants that definitely tolerated the heat fairly well. These might be plants for your consideration for a beautiful garden that beats the heat.

Echinacea were not fazed by the searing heat. Their large daisy-like flowers in oranges, from light to dark, and pinks to red, yellow and white all did well. They did begin to bloom a bit earlier than usual because of the warmer weather, late June instead of July. The foliage also retained its good looks through the summer. It was only as the summer was winding down the flowers begin to show their age and brown on the tips of the petals. Echinacea have taller cultivars that grow to around 30 inches and a lot of cultivars that are under 18 inches. Many are hardy down to Zone 4 and are not too fussy about soil. I have most in full sun here in my lower Columbian Basin garden, and some in light shade.

Platycodons or Balloon Flowers were also able to handle the heat. You remember the poufy blooms of the balloon flower that almost begged to be popped. My son when he was

young could never resist! Winsome buds and exuberant blossoms push these plants to prominence in the midsummer. The Chicago Botanic Garden, located in Zone 5b evaluated *Platycodon grandifloras* cultivars. Balloon flower is a bushy, clump-forming perennial often growing to three feet tall. Bluish green leaves, generally oval, are an excellent foil for the deep sky blue flowers. There are a few cultivars that have white or light pink flowers. Many of my platycodons are located in full sun, but they do well in part sun to shade. They are best in well-drained soil. They are late to emerge in the spring so mark their location to avoid damaging them or planting on top of them! A few of the cultivars that rated very well are 'Astra Blue,' 'Sentimental Blue,' 'Fuji Blue,' and 'Misato Purple.' 'Fuji Blue' does produce both single and double flowers. *Platycodon* 'Komachi' is also well rated, but its inflated balloon flower never pops open which gives it an unusual look. In my windy area I do lend Platycodons support with "grow throughs" that are completely hidden by the time they bloom.

Eryngiums or Sea Hollies were quite at home in the sun and heat, but you would kind of expect that of plants that are mostly prickly! Two of the showiest performers were *Eryngium* 'Big Blue' and *Eryngium agavifolium*. The sharply-cut foliage of eryngiums is quite bold and it runs the gamut from dark green, green with a white heart, and strong almost charreouse of the *Eryngium agavifolium*. The flowers on 'Big Blue' are a very



Photo by Chris, www.stock.adobe.com

Bees swarming violet *Penstemon strictus* wildflowers

startling deep blue while most other eryngium flowers are white or light blue. Most eryngium are hardy down to Zone 5 and prefer good drainage. Some of the smaller types are 18 inches or less while ‘Big Blue’ and *Eryngium agavifolium* send flowers up to four feet.

Anemone americana (syn. *Hepatica americana*) – Round-lobe Liverleaf is an excellent choice for the garden. It is one of those wonderful early spring ephemerals that grows to approximately six inches tall. First, a cluster of folded, dainty leaves emerge. They are three-lobed often patterned with silver and gray-green. The leaves are quickly followed by violet-blue flowers. It appreciates well-drained soil and partial shade. It is hardy in Zones 3 to 8. Enjoy this lovely in the spring as it will go dormant and evade the summer heat.

North America has over 200 spe-

cies of penstemons, native mostly to the western states. The many penstemons I have in my garden bloomed well from mid-spring to mid-summer in spite of the heat. Penstemons—tolerate the heat, sun, average to dry soil, but are generally not known as long-lived plants. One of the longest lived is *Penstemon strictus*—Rocky Mountain Penstemon—persisting for over a decade in most gardens as long as it gets sun and good drainage. Its flowers are an indigo blue that open all along several upright flowering stems. The low evergreen foliage mat is a shiny emerald green. It grows up to 24 inches tall and equally wide. It is hardy in Zones 3 to 7.

If you have a place for some of these plants, they will gift you with flowers even if the weather is “frightful” or delightful! As always, enjoy your garden and the adventure of new plants.

BOOK REVIEWS

Exploring in the Garden

I am reviewing some of the books that my late sister, Ginger Knutsen, has left to me. If anyone would like one of the books being reviewed, contact me and I will share them with you.

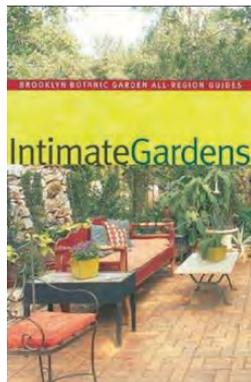


The Veggie Patch Bandits

Riya Aarini
Illustrated by Maria Andrieieva
2021 www.riyapresents.com
\$8.99 Paperback

Story to grow on for young readers about sharing Earth's garden with our animal friends. Great illustrations, too. Just when Mr. Bagban was going to harvest and enjoy the multiple crops in his backyard garden, a critter had eaten and enjoyed it first. He tried many ways to keep them out, but animals are very smart. When fall and winter came without the winter crops that usually were there, the animals were worried that the man would go hungry and left some acorns. The next spring Mr. Bagban had a solution.

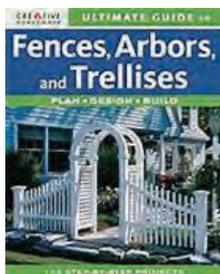
(Note: this book was provided by author to be reviewed by WA Garden & Design)



Intimate Gardens

Brooklyn Botanic Garden All-Region Guides #180
Lucy Hardiman and C. Colston Burrell
2005 Brooklyn Botanic Garden, Inc.
\$9.95 paperback

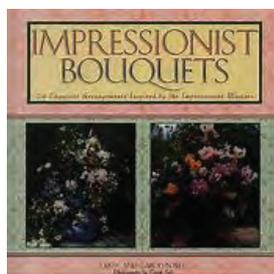
“Open invitations to linger and appreciate the garden, places to sit are all-important garden features. Backed by an informal planting of tall evergreens that has mellowed over time, the weathered seat is a place for a quiet retreat. A larger terrace nearby is a welcoming place for gatherings.” Are you setting out to create a garden for your new house or revitalizing an existing property? Use this guide to help with ideas to design with your needs in mind. A few plans are included and an extensive description of plants, in small to medium scale, are listed for an average urban or suburban garden. Be sure to carefully consider the growing conditions in your area.



Ultimate Guide to Fences, Arbors, and Trellises: Plan Design. Build.

**2008 Creative Homeowner
\$21.95 paperback**

Step-by-step building guides that cover all phases of construction and repair for about 60 projects. Lots of illustrations help you see the distinctive designs with the tools, tips and materials needed to complete them. What would you like at your home...a wood, vinyl or metal fence or an arbor or trellis to complete your garden design?



**Impressionist Bouquets:
24 Exquisite Arrangements
Inspired by the Impressionist
Masters Derek and Carolyn Fell**

**1998 Michael Friedman publishing
Group, Inc
\$27.50 hardbound**

A great dedication “to our mothers” brings to mind my mother and her desire to grow a cutting garden to bring the flowers into her home to enjoy both inside and out. This book is sharing the great masters that painted floral still life bouquets or their gardens full of color. Impressionism is a unique style of painting in which flickering brush strokes of color capture the vibrant visual sensations of sunlight and shadow. Monet, Renoir, Cezanne, van Gogh and multiple others even today bring this to life. The artists brought color harmonies, textures and structural elements to their arrangements. There are 24 examples of these designs and how to recreate them with materials including flowers and how to condition them.

“Regardless of geographical region or culture, gardening is perhaps the most common and shared experience of Nature.”

**— S. Kelley Harrell,
Nature’s Gifts Anthology**

ENVIRONMENTAL

PACIFIC NORTHWEST BUTTERFLIES

CLASS: *Insecta* (Insects)

ORDER: *Lepidoptera*

FAMILIES: 124 which are divided into 2 main groups: *Homonuera* and *Heteroneura*

Did you see that butterfly flitting by? Wonder what kind of butterfly it is ... or is it a moth?

Butterflies are related to moths but differ by their antennae. Butterflies display a thread-like antennae that ends with a slight knob while the moth exhibits virtually every other antennal arrangement with some species having knobbed end curves that have a slight hook.

There are over 160,000 known species of moths in the world and about 17,500 species of butterflies in the world. The Pacific Northwest Region is home to 150 species of butterflies living in the Cascade Mountain Region and other lowlands and basins near the Columbia River, lakes, national forests and coastal beaches.

In Washington state 184 butterflies and moth species are found. They can be territorial, drawn to available food sources, weather, environmental factors, water supply and mating patterns. Washington state has no designated state butterfly.

Some of the different species of butterflies are Western Sulphur, Blues, Hairstreaks, Coppers, Elf-in, Sooty, Arctic, Alpines, Fritillary, Checkerspot, Painted Lady, Skipper, Swallowtail, Gossamer-Winged, and Brush-Footed. The Monarch is a Brush-Footed for example.

The most common butterfly is the Cabbage White species which you may have seen fluttering in your cabbage patch.

Many people bring caterpillars and butterflies to the Pacific Northwest Plant & Insect Clinic in Puyallup for identification.

As we take on projects of raising Monarch butterflies and Painted Lady butterflies for preserving and increasing the species, we find that they have a four-generation-a-year life cycle called Generations.

February-March: The *First Generation* occurs when eggs are being laid, hatched and after a few days at this stage, they finally fill up, stop eating and look for a place to pupate. They spin a little mat of silk on the underside of a branch, then hang upside down by their pair of legs (claspers). They hang for about two weeks while the pupal butterfly inside goes through metamorphosis, developing wings, legs, tongue and other features that the caterpillar did not have; then the butterfly crawls out of the chrysalis. After up to twelve hours their wings are ready for flight.

April-May: The *Second Generation* is in the same stages of February-March when more eggs are laid and hatched on milkweed plants.

June-July: The *Third Generation* is in the same stages as in the earlier generations when they fly in July-September and as the days become shorter and the nights cooler, they are motivated to move southward.

August-September: The *Fourth*

INTERESTS



Photo by An Hoang

Generation hatches in August-September and flies across the Gulf of Mexico West to the Rocky Mountains.

My project in Cross Sound District of *Raising*

Madeline West purchased fourteen 'Painted Lady' butterflies and thirteen were released in the Harbor House Memory Care Unit "Friendship Garden" at Liberty Shores in Poulsbo.

Monarch and Painted Lady Butterflies began in May 2021 when I encouraged other garden clubs to participate by either purchasing some pollinator seeds or caterpillars to raise and release.

I purchased a cage with pre-mixed mash in a cup and ten Painted Lady Caterpillars (and received fourteen) from *Butterflyworkx.com/usda-rules* in Florida and gave seven Painted Lady Caterpillars to a friend, Elena Williams, who already had an established three-year-old butterfly and bee garden. Evidently the Monarchs were not available. I raised my caterpillars at work for release at the facility.

June 14 – received fourteen Painted Lady Caterpillars; gave seven to Elena

June 17 – caterpillars getting bigger

June 21 – one caterpillar in a chrysalis/pupae

June 22 – five more caterpillars join the chrysalis stage

June 24 – the tiniest caterpillar is unresponsive and dies

June 30 – three caterpillars emerge from the chrysalis

July 1 – two more caterpillars emerge

July 2 – the last one emerges and at 2:30 p.m. the six butterflies that I raised are released into the 'Harbor House Friendship Garden' in the Alzheimer Unit of Liberty Shores, Poulsbo. One of my staff, An Hoang made a seven-minute video of our joy and delight. What a fun day.

Elena remarked that she had released her butterflies the day before.

—Madeline West,
Cross Sound District
Birds & Butterflies Chairman

References:
butterflyworkx.com/USDA-rules
Swallowtailfarms.Inc.com 1-888-441-4902
Burpee Seed Packets for Pollinators – 800-888-1447 purchase at Home Depot, Poulsbo, WA
Milkweed Plants—Bond Nursery, Poulsbo, WA
Butterfly Facts – Bing.com
Pacific Northwest Plant & Insect Clinic, Puyallup, WA

ENVIRONMENTAL

Flowers for pollinators, bees and butterflies

Here are a few of the seeds/plants you may want to put in your butterfly garden area to entice pollinators, bees and butterflies. Please feel free to add other flowers from your garden to this list. There are many seed companies with affordable prices.

Agapanthus 'GalaxyBlue'; *Allium* 'Pink Moon'; *Angelonia* 'Archangel Cherry Red'; *Asclepias* 'Butterfly Weed,' 'Red Butterfly,' 'Ice Ballet'; *Aster*; *Astrantia* 'Moulin Rouge'; Bee Balm (*Monarda* or *Bergamot*).

Buddleia (butterfly bush) 'Lilac Cascade,' 'Butterfly Hybrid Mix,' 'Prince Charming,' 'Pugster Pink,' 'Pugster Blue,' 'Nanho Purple,' 'Wisteria Lane' (NOTE: Avoid the invasive butterfly bush known as *Buddleia davidii*; see invasiveplantatlas.org and kingcounty.gov).

kingcounty.gov/services/environment/animals-and-plants/biodiversity/threats/Invasives.aspx).

Coreopsis, *Dill*, *Fennel*, *Goldenrod*, *Alcea rosea* (hollyhock), *Viola cornuta* 'Halo Violet' (Horned Violet), *Lantana*, *Lobelia*, *Tagetes* (marigold), *Asclepias syriaca* (common milkweed), *Mentha* spp. (Mint), *Monarda* (bee balm), *Origanum vulgare* or ornamental *oregano* 'Drops of Jupiter.'

Viola (pansy), *Passiflora incarnata* (passion flower), *Pentas*, *Perovskia* (Russian sage) 'Denim 'N Lace,' *Phlox* 'Kirchenfuertst,' 'Blue Paradise,' 'Garden Girl Series,' *Salvia* 'Big Blue,' 'Black & Blue,' 'Victoria,' 'Fancy,' *Helianthus* (sunflowers) 'Zeus Hybrid,' 'Kong Hybrid,' 'Super Snack Hybrid,' 'Mammoth.'



Photo by Coco, www.stock.adobe.com

Collage of a collection of insects on flowers.

INTERESTS

Resources for Growing Seeds

Many sources are available for economizing your plant purchasing addictions. I found this to be true when doing a project on raising “Butterflies In My Garden” as a District project. The Monarch and Painted Lady butterflies require wildflowers, perennials, native plants, milkweed, cages/tents, postage and time. This adds up to many dollars spent. Here are some sites:

- American Meadows Seed, 2438 Shelbourne Road, Shelbourne, VT 05482. Americanmeadows.com. Wildflowers, perennials, native plants and a great hexagonal-shape garden bed “Plant A Garden With Wings” for butterflies, bees, hummingbirds, songbirds.
- Baker Creek Heirloom Seeds, 2278 Baker Creek Road, Mansfield, MO 65704. seeds@reareseeds.com. 417-924-8917. Rare seeds. Books: The Heirloom Life Gardener, The Baker Creek Vegan Cookbook.
- Bond Nursery, 20882 Bond Road NE, Poulsbo, Wa. 98370. valleynurseryinc.com. Offers three live milkweed plants for approximately \$35. Seed your own? They have a large bin out back for free black plastic pots for your seeding.
- Burpee Seeds for Pollinators, 300 Park Ave. Warminster, PA. 18974. burpee.com. 800-888-1447.
- Eden Brothers, 2099 Brevard Rd, Arden, NC 28704. 828-633-6338. They have four types of milkweed (*Asclepias incarnata*) seeds for butterflies, bees and hummingbirds.
- Holland Bulb Farms, 8480 N. 87th St., Milwaukee, WI, 53224. hollandbulbfarms.com. 800-689-2852. Jumbo seed packets for hummingbirds and butterfly gardens.
- Home Depot carries seed packets for butterflies and pollinators: Full Sun Pollinator, Monarch Sanctuary Garden, Bird and Butterfly Garden and A Garden Full of Flowers. homedepot.com.
- Hudson Valley Four-Fold Farm, 4737 Route 209, Accord, NY 12404-5754. hudsonvalleyseed.com. 845-204-8769. Art packs, boxed seed collections for gifting, wildflower shakers, gift boxes.
- Raising Butterflies by Todd. Pacific Northwest Region. 801-326-4683. raisingbutterflies.org. 13 Fun Butterflies To Raise, beginner info, Species Section
- Seed Savers Exchange, 3094 North Winn Rd, Decorah, IA 52101. 563-382-5990. seedsavers.org. American Heirloom Seeds with lovely packaging, large selection. They have a seven-week online course if interested.

ENVIRONMENTAL

WESTERN POND TURTLES—also called PACIFIC POND TURTLES—*Actinemys marmorata* (Previously *Clemmys marmorata*)



Photo by Ray Whittlemore, www.stock.adobe.com

Western Pond Turtle is an endangered species and the West Coast's only native freshwater turtle.

On August 14, 2021, Washington State released 14 Western Pond Turtles in Port Orchard. *Marmorata* means “marbled” It’s not a bird or butterfly but something different in the neighborhood. It is a turtle.

In February 2021, I was driving along Lewis Road in Crosby (Seabeck addresses) coming home from church when I came around a corner and in the middle of the road was a large turtle. Not wanting to run over it or have any other vehicle run over it, I put my emergency lights on, got out and put it in a box that I happened to have in the back of my car. I took it up to the house because I didn’t have

the proper shoes on to take it back down to the creek. We have never seen a turtle in Seabeck, EVER. My husband and I decided it was a male due to its anatomy and he took it back to the creek area where it was found.

If you ever come out to Crosby (next to Seabeck) you will see that the part of Big Beef Creek that comes from the Lone Rock area, through Seabeck, and down through Crosby appears to be a perfect place for turtles.

Not knowing what kind of turtle it was, we looked it up on the computer and found it to be a Western Pond

INTERESTS

Turtle, an endangered species and the West Coast's only native freshwater turtle. I found that Mr. Mateo Garcia from the Slater Museum of Natural History, University of Puget Sound, Tacoma was very interested to learn that I was reporting the presence of Pond Turtles in Seabeck. He told me that they were not aware of the Western Pond Turtles being in Seabeck as he only knew that the turtles were sited in Port Orchard and surrounding areas. He was glad to hear that they were in Seabeck but they had not planted any in Seabeck. He said this was an awesome find and that the Western Pond Turtles were nearly extinct and numbered about 150 individuals in the 1990s. Even now, thanks to the recovery program at the Woodland Park Zoo, there are over 1,200 individuals. He said that in 2005 there was at least one site in Kitsap County that was suitable for reintroducing a few turtles and that it is a little difficult finding good habitat for them, so our find in Crosby (Seabeck) was very special.

We have many wetlands on our acreage as we live on a homestead that was settled in the 1860s with the original land grant, of which approximately 300 acres still exist in the family. Big Beef Creek in Crosby has many tributaries with abundant wildlife. Big Beef runs through our property to the West with lakes and ponds and to the Southwest area where the Tahuya River runs. The Suquamish Tribe owns water rights to the Tahuya River on our property but we have not seen a tribal member on the property according to my mother-in-law who passed at 101 years of age in 2016.

Nor have we seen any turtles.

The Western Pond Turtle is olive color, dark brown or black with the upper shell having thin yellow lines that don't necessarily follow a pattern. The lower part is a combination of black and yellow. They can live thirty to fifty years and are omnivorous eating insects, eggs, snails, fish, meat, fruit, vegetables and aquatic plants. Nesting begins in March and ends in June with a clutch of two to eleven eggs hatching in around eighty days. They usually hibernate outside the water during winter and burrow in the mud during the cold and winter season. Researchers think that the Pacific Pond Turtles of British Columbia, which were collected in 1936, originally came from the United States.

Predators of the Western Pond Turtle include coyote, raccoon, fox, black bear, river otter, ravens, crow, king snakes and dogs.

These turtles are protected, so if taking one as a pet, you must first check with Washington Department of Fish and Wildlife (wdfw.wa.gov).

References (each video is the same and is 2.04 minutes):

[youtube.com/watch?v=yz4WYVVKtkI](https://www.youtube.com/watch?v=yz4WYVVKtkI)

[King5.com/video/news/local/dozens
msn.com/en-us/news/us](http://King5.com/video/news/local/dozens/msn.com/en-us/news/us)

NorthwestWildlifeOnline.com

NorthwestTrekWildlifePark.com

OBITUARY

MARY LOU WAITZ 1940-2021



Mary Lou was born in 1940, first daughter to John Wesley and Katherine Rose Dabney in Telluride, Colorado. She married “Eddie” Waitz, as she loved to call him, in 1964 and they enjoyed 57 years together before God called her home.

Mary Lou was a Home Economics teacher in Lyons Jr. High School for 29 years. She would often remark that her students were her children since they were blessed with one daughter. Mary Lou loved teaching and was awarded the prestigious “Teacher of the Year” distinction in 1980.

In 1994 Mary Lou and Eddie retired in Port Angeles. Her love of flowers drew her to the Port Angeles Garden Club. She joined

in 1995, earning her silver badge in 2015. She was an active member for 26 years. She served twice as club president; in 2002-2004, and again in 2007-2009, earning a spot in their Book of Recognition for her tireless contribution and dedication to the club and its causes.

Mary Lou was active in the National Garden Club Inc. She served on countless committees within national, state and local activities. Below are some of her most notable achievements .

NGC: Accredited Master Judge, Floral Design Instructor

Pacific Region: World Gardening Projects Chair

WSFGC: Flower Show School Chair, Design Editor to *WSFGC Garden & Design* magazine, countless workshops given.

District Level: Olympic Peninsula Director, Flower Show School sponsor Co-Chair, Awards Chair, Floral Design Chair, Judges Council President and Gardener of the Year.

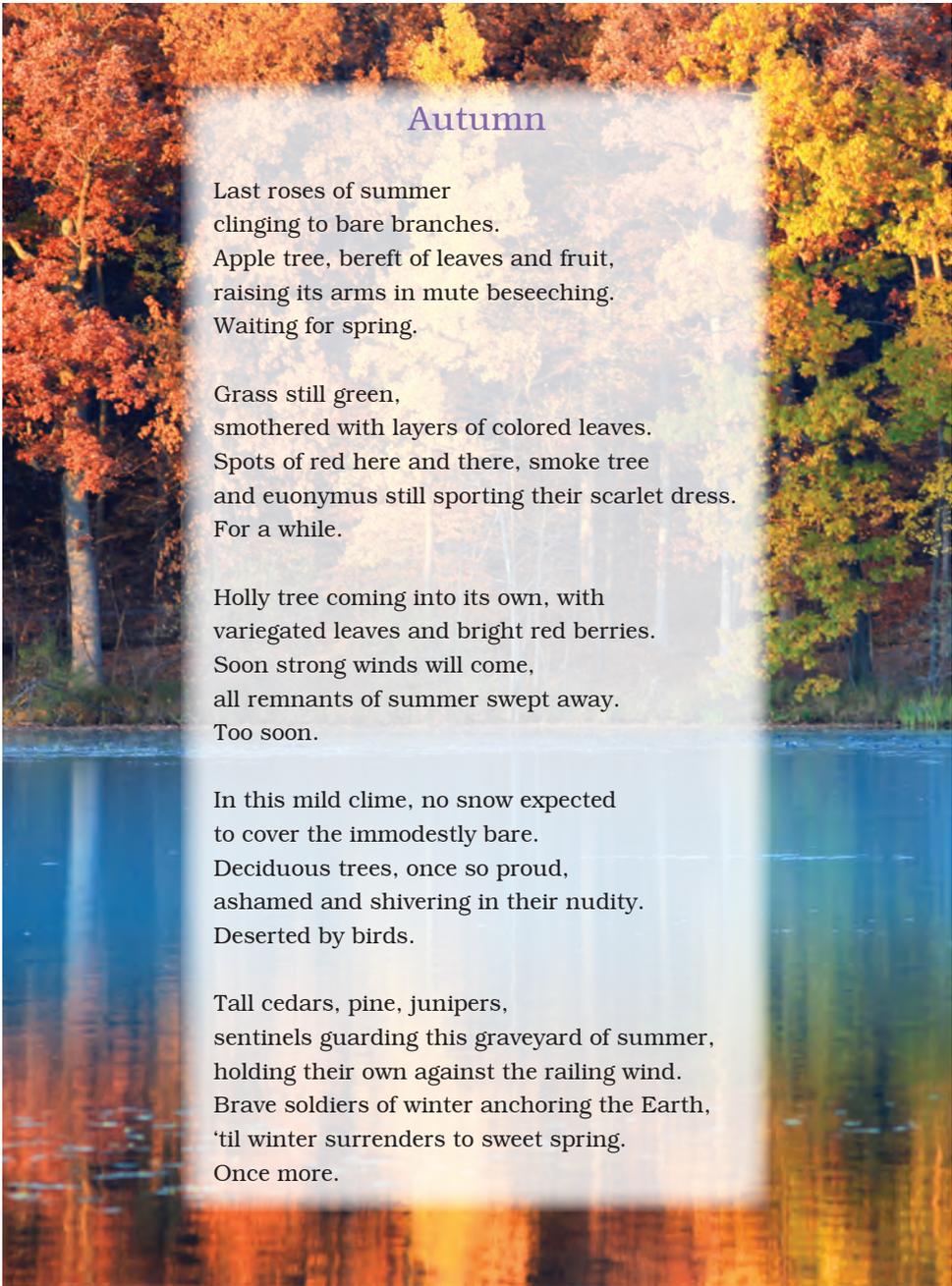
Mary Lou was many things to many people, and we can all agree she was someone special. This gardener will miss her knowing wink, words of encouragement and sweet smile.

It is my honor to pay tribute to a great lady, a dear friend and mentor.

REST IN PEACE dear friend.

Lovingly,

Tina L. Cozzolino



Autumn

Last roses of summer
clinging to bare branches.
Apple tree, bereft of leaves and fruit,
raising its arms in mute beseeching.
Waiting for spring.

Grass still green,
smothered with layers of colored leaves.
Spots of red here and there, smoke tree
and euonymus still sporting their scarlet dress.
For a while.

Holly tree coming into its own, with
variegated leaves and bright red berries.
Soon strong winds will come,
all remnants of summer swept away.
Too soon.

In this mild clime, no snow expected
to cover the immodestly bare.
Deciduous trees, once so proud,
ashamed and shivering in their nudity.
Deserted by birds.

Tall cedars, pine, junipers,
sentinels guarding this graveyard of summer,
holding their own against the railing wind.
Brave soldiers of winter anchoring the Earth,
'til winter surrenders to sweet spring.
Once more.

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Managing Editor's Desk:

As gardeners we endeavor to be caretakers of our land and our small patch of planet Earth, nourishing the soil and overcoming obstacles and changes to raise our plants.

Fall is here, after a fiery dry summer and the restrictions of Covid-19 once again caused us to miss an in-person June Convention and August Fall Board Meeting. Sigh. I thought 2020 was an opportunity for self-examination and possible changes. Was I wrong; 2020 was a full stop in my life beginning in March. Yes, I have observed changes and have a perspective to share.

We are witnessing an epochal change right now and the world we are leaving our loved ones is appalling. I have been an optimist all my life but no more. The realist in me is very unhappy with these climate changes. Swedish activist Greta Thunberg was correct when she said our home was burning.

I remember when we valued our spaceship Earth and took care of her. Why should we spend money on going to Mars, a forsaken planet, when we can't take care of our own planet/spaceship and are busy turning Earth into a barren Mars?

Population growth is being taken care of through wars and pandemics. Over 675,000 people in America have died of Covid-19; that is more than the population of Wyoming state, if all deaths had occurred in one state. The insanity of 'only me' has to stop; we take care of ourselves by taking



care of others (from our neighborhoods to our nation and then all other nations) and realize that our rights end where their rights begin; in other words, their rights end at the tip of my nose and vice-versa. I am so thankful that our scientists worked so quickly to produce the vaccines against the Covid-19 Alpha virus. I got my shots, still wear my mask and have restricted my activities because I do not want to expose myself to any contagious people. My goal is to be part of the solution, not part of the problem. As gardeners we nurture our land and critters; we respect and care for one another.

Climate change is certainly impacting all of us. Write your Congresspersons and tell them to legislate to restore our water-air-earth balance now with effective Climate Change cures immediately.

Thanks to Marva Lee Peterschick (2018-2020) and Becky Westby (2020-2021) for being Managing Ed-

itors and giving me a much-needed break in addition to providing time for me to solve my computer problems due to a 2008 laptop that quit without submitting a resignation letter!

Thanks to Madeline West for stepping up to start a new column on "Environmental Interests." This had been inactive for several years after the untimely passing of Terry Permenter and subsequent resignation of Rhonda Permenter. They had been a terrific writing team for many years and I am grateful to them both.

This is my third time as Managing Editor of this magazine since I began as Copy Editor in 2003. Please contact me if you have feedback and suggestions for change. Since we have shifted to online production and email delivery, we are not restricted to 32 pages; we can produce fewer or more pages depending on information submitted.

– Judith Juno

We regretfully accept Vicki Westerberg' resignation as Youth Chairman. She did a wonderful job.

YOUTH CHAIRMAN

We need another volunteer to collect and report on club members' activities with youth around the state. If you would like to volunteer, please let President Anne Sullivan and me know.

LEGISLATIVE CHAIRMAN

In years past, a volunteer was the Legislative Chairman and alerted our readers to timely topics such as environmental concerns which they might choose to write their congressman about and voice their concerns. If you would like to volunteer, please let President Anne Sullivan and me know.

EVENTS

November 8-9 *WSFGC Winter Board Meeting* will be held at Little Creek Casino Resort, 91 W State Rte 108, Shelton, WA 98584. Reservations at (800) 667-7711. Please mention block code Washington Federation of Garden Clubs Winter Board Meeting. Reserve by October 8. Room rate is \$129 for a double or king room.

November 8-9 *NGC Standard Flower Show Sights and Sounds of the Season*, Little Creek Casino Resort, Shelton, WA.

November 11 *Blue Star Memorial By-Way Marker Dedication*. The Kelso Garden Club is dedicating a Blue Star Memorial By-Way Marker in Tam O'Shanter Park, 2115 Tam O'Shanter Way, Kelso, WA on Veteran's Day, at 1:30 pm. We cordially invite all garden clubs to attend.

May 31 & June 1, 2022 – SAVE THE DATE

WSFGC SYMPOSIUM, Dryer Masonic Center, Tacoma. Design Instructor: Shirley Tetreault from Albuquerque NM. Topic: Multi-rhythmic and Angular Design. Horticulture Instructor: Jan Griffin, FL (formerly WA). Topic: Conifer and flowering trees. Details coming later. —*Gail Gibbard*, WSFGC Symposium Chairman



OUR MISSION:

Washington State Federation of Garden Clubs coordinates the interests of garden clubs to provide education, resources and networking opportunities for its members in promoting gardening, floral design, civic and environmental responsibility.

Editor's Note: Due to the impact of the coronavirus and COVID-19, check with the event coordinator to determine whether the event will be held as scheduled.

Winter Deadline: Dec. 1, 2021

All electronic articles should be e-mailed to Managing Editor Judith Juno, jjuno@frontier.com

Annual Submission Reminder

Deadline	Issue	Months
June 1	Summer, #1	July-Aug-Sept
September 1	Fall, #2	Oct-Nov-Dec
December 1	Winter, #3	Jan-Feb-Mar
March 1	Spring, #4	Apr-May-June